THE VIZE VIERE FINANCE FINDS ITS VOICE.

THE BEST BIRTHDAY GIFT A LESSON IN FINANCIAL KINDNESS

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The Best Birthday Gift: A Lesson in Financial Kindness

It's Pooja's birthday, and she's celebrating with a party alongside her friends and family.

Happy Birthday to You....Happy Birthday to You...Happy Birthday Dear poojaHappy Birthday to You.













Kindness Challenge: Fun Ways to Spread Kindness Beyond Money

Are you ready to make the world a kinder place? Here are some simple and fun ways to spread kindness every day!

01.Create a Kindness Calendar

Make a Kindness Calendar with one small kind act for each day of the month! Here are some ideas-

- Help a friend with homework
- Hold the door open for someone
- Share your snack with a classmate

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02.Give a Compliment to a Stranger

A simple "You have a great smile!" or " That's a cool backpack!" can brighten someone's day—especially if they're feeling down. Try it and see the magic!

3. Share Your Skills

Are you great at something—like art, reading, or using technology? Use your skills to help someone!

- Teach a younger kid how to draw
- Help someone who doesn't know how to use the internet
- Read a story to someone who loves books



4. Kindness is Cool -Spread the Word!

Being kind is contagious! Tell your friends how amazing it feels to help others and challenge them to do one kind act every day too!

5. Volunteer and Make a Difference!

Giving your time is just as valuable as giving money. Find ways to volunteer in your community:

- Help at an animal shelter
- Join a beach or park clean-up
- Visit a children's home or elderly center and spend time with people who need company





Being kind to yourself is something we often overlook. Just like helping others, taking care of your own body and mind is important too. Here are a few ways you can practice self-care.

Give Yoga a Try: Yoga is a great way to stay calm, boost your energy and stay health. Try out a few easy beginners' friendly poses and try to implement it into your routine.

> Stay Hydrated: Drinking enough water keeps your body and mind working at their best. Without enough water, you may feel tired and unfocused. Aim for at least 2–3 liters every day!



Get Enough Sleep: Your body needs rest to recharge and grow. Try to get 8–10 hours of sleep each night so you wake up refreshed and ready for the day. Eat a Balanced Meal - Your body needs nutritious food to stay strong. Eat a mix of fruits, vegetables, proteins, and whole grains to keep your energy levels up.



Take Breaks and Have Fun: Don't forget to relax and enjoy yourself! Play, read, draw, or spend time doing what makes you happy. Taking breaks helps you



Easy Money Rules to Live By

Here are some simple money rules to help you manage your finances wisely. Share these tips with others to spread good money habits.

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The 10-Second Rule

Before buying something unnecessary, stop for 10 seconds and ask yourself, Do I really need this? If the answer isn't a strong "yes," walk away. ₹

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Birthday Money Rule

Try to save 50% of Birthday money, that you receive every year, or even invest it.

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03.

The One Week Rule

If you want something expensive, wait a week. If you still want it, it might be worth it, if not, you saved money.

04.

The Money=Time Rule

When you spend money, think how much time it took to earn it. For example,

05.

The Invest in Yourself Rule

Learning new skills, reading books and improving yourself is one of the best ways to use your money.





Catch you Next Time!

That's a Wrap for This Edition! This time, we took a break from our usual financial lessons to focus on kindness—both financially and beyond! We explored how to be smart with money while also using it to help others, and even ways to give back without spending a dime.

Sometimes, we want to help but don't know where to start. That's why this edition of The Wize Whispers is packed with simple ways to spread kindness, whether through generosity, knowledge, or small everyday actions. And remember, kindness isn't just for others—it's for you too! Make sure to try some of the self-care tips we shared.

We'll be back next month with an all-new edition of The Wize Whispers, filled with exciting lessons and new financial wisdom. Until then, keep spreading kindness and taking care of yourself!

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Donation Box

We hope you gained some valuable insights from this edition of Wize Whispers. We'll be back next month with fresh, exciting concepts to explore. If you enjoyed Wize Whispers, don't forget to spread the word and share it with your friends, so more people can learn about entrepreneurship!

Feel free to write to us at talktomrturt@ysil.in

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